

# Schedule

# Rhythms of the Spirit

**Saturday, July 9, 2016 - Wednesday, July 13, 2016**

TIME	SATURDAY	SUNDAY	MONDAY	TUESDAY
7:00 AM – 8:30 AM		Breakfast	Breakfast	Breakfast
8:45 AM – 9:30 AM		Morning prayer	Morning prayer	Morning prayer
9:30 AM		Lectio Divina	Lectio Divina	Lectio Divina
10:15 AM		Break	Break	Break
10:30 AM		Keynote Presentation	Keynote Presentation	Keynote Presentation
11:45 AM	Registration	Noon Prayer	Noon Prayer	Noon Prayer
12:30 PM	Registration	Lunch	Lunch	Lunch
2:00 pm – 5:00 pm	Registration	Practicing the Spiritual Life	Practicing the Spiritual Life	Practicing the Spiritual Life
5:00 PM	Registration	Dinner Break	Dinner Break	Dinner Break
7:00 PM - 8:00 PM	Evening Prayer and Welcome	Evening Prayer	Evening Prayer	Evening Prayer
8:00 PM	Practicing the Great Silence	Practicing the Great Silence	Practicing the Great Silence	Practicing the Great Silence

*Practicing the Spiritual Life* optional group practices. All are welcome.

**Sunday, 2 pm:** TBA

**Monday, 2 pm:** TBA

**Tuesday, 2 pm:** TBA