

# Schedule

# Rhythms of the Spirit

**Monday, August 12, 2019 - Thursday, August 16, 2019**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
8:00 AM		Breakfast	Breakfast	Breakfast
8:45 AM – 9:30 AM		Morning prayer	Morning prayer	Morning prayer
9:30 AM		Lectio Divina	Lectio Divina	Lectio Divina
10:00 AM		Break	Break	Break
10:15 AM		Keynote Presentation	Keynote Presentation	Keynote <i>Presentation</i>
11:45 AM	Registration	Noon Prayer	Noon Prayer	Noon Prayer
12:30 PM	Registration	Lunch	Lunch	Lunch
2:00 pm	Registration	Practicing the Spiritual Life	Practicing the Spiritual Life	Practicing the Spiritual Life
6:00 PM	Registration	Dinner Break	Dinner Break	Dinner Break
7:00 PM - 8:00 PM	Orientation and Evening Prayer	Evening Prayer	Evening Prayer	Evening Prayer
8:00 PM	Practicing the Great Silence	Practicing the Great Silence	Practicing the Great Silence	Practicing the Great Silence

*Practicing the Spiritual Life* optional group practices. All are welcome. **Meet in Meadowwood**

**Tuesday, 2 pm:**

**Wednesday, 2 pm:**

**Thursday, 2 pm:**

**Thursday, 3:30 pm:**